

Physio Fit Run 2016
 Assiniboine Park
 May 14, 2016

OVERALL 10K RESULTS

PLACE GENDER	NAME TIME	GENDER	AGE GROUP	PLACE IN AGE GROUP
=====	=====	=====	=====	
1	Darren Klassen	M	M45-49	1/12
1/110	35:35			
2	Elliott Cooke	M	M25-29	1/7
2/110	36:41			
3	Carson Cortvriendt	M	M01-14	1/18
3/110	40:05			
4	Matthew Seftel	M	M45-49	2/12
4/110	41:00			
5	Alan Hopkins	M	M50-54	1/13
5/110	41:02			
6	Jaclyn Adamson	F	F25-29	1/13
1/133	41:03			
7	Dennis Lang	M	M60-64	1/7
6/110	41:24			
8	Craig Erb	M	M40-44	1/6
7/110	41:35			
9	Cameron Krisko	M	M20-24	1/3
8/110	41:56			
10	Stephen Terichow Parrott	M	M50-54	2/13
9/110	42:40			
11	Bob Cox	M	M55-59	1/17
10/110	42:47			
12	Neil Ferguson	M	M55-59	2/17
11/110	43:04			
13	Lindsey Green	F	F30-34	1/22
2/133	43:15			
14	Janie Parson	F	F40-44	1/14
3/133	43:15			
15	Kirsten Hooper	F	F20-24	1/6
4/133	43:22			
16	Greg Wernham	M	M25-29	2/7
12/110	43:44			
17	Chris Dick	M	M45-49	3/12
13/110	44:04			
18	Ami Samuel	F	F45-49	1/17

5/133	44:05			
19	Sean Gutheil	M	M25-29	3/7
14/110	44:16			
20	Brady Whitson	M	M50-54	3/13
15/110	44:23			
21	Eli Melness	M	M15-19	1/1
16/110	44:32			
22	Leon Clegg	M	M65-69	1/6
17/110	44:37			
23	Edward Willmott	M	M50-54	4/13
18/110	45:09			
24	Tyson Wood	M	M01-14	2/18
19/110	45:17			
25	Daniel Turon	M	M01-14	3/18
20/110	45:21			
26	Patrick Lemoine	M	M40-44	2/6
21/110	47:01			
27	Rick Lecuyer	M	M55-59	3/17
22/110	47:16			
28	Andrew Pullen	M	M30-34	1/6
23/110	47:21			
29	Dan Misko	M	M35-39	1/9
24/110	47:27			
30	Shaun Moore	M	M01-14	4/18
25/110	47:28			
31	Isaac Turon	M	M01-14	5/18
26/110	47:29			
32	Don Campbell	M	M60-64	2/7
27/110	47:38			
33	Roy Cole	M	M55-59	4/17
28/110	47:40			
34	Mekhi Gunter	M	M01-14	6/18
29/110	47:44			
35	James Slade	M	M55-59	5/17
30/110	47:51			
36	David Hooper	M	M55-59	6/17
31/110	47:58			
37	Scott McMillan	M	M35-39	2/9
32/110	48:09			
38	Lindsay Boyko	F	F35-39	1/20
6/133	48:35			
39	Matt Harzing	M	M25-29	4/7
33/110	48:35			
40	Tara Patrick	F	F40-44	2/14
7/133	48:38			
41	Jim Campbell	M	M55-59	7/17
34/110	48:43			
42	Kristin Heinrichs	F	F40-44	3/14
8/133	48:44			
43	Bruce Bain	M	M60-64	3/7

35/110	49:16			
44	Jo Hyde	F	F30-34	2/22
9/133	49:27			
45	Sylvia Loewen	F	F45-49	2/17
10/133	49:32			
46	Hernan Gutierrez	M	M55-59	8/17
36/110	49:36			
47	Andrew Swan	M	M45-49	4/12
37/110	49:53			
48	Darryl Van Herksen	M	M50-54	5/13
38/110	50:00			
49	David Rock	M	M45-49	5/12
39/110	50:10			
50	Micheal Bennett	M	M55-59	9/17
40/110	50:10			
51	John Hoehn	M	M40-44	3/6
41/110	50:14			
52	Kim Luong	F	F25-29	2/13
11/133	50:37			
53	John Gunter	M	M35-39	3/9
42/110	51:02			
54	Kathleen Elgar	F	F35-39	2/20
12/133	51:03			
55	Steve Bamburak	M	M35-39	4/9
43/110	51:07			
56	Jaden Esquejo	M	M01-14	7/18
44/110	51:08			
57	Joanna Esselink	F	F30-34	3/22
13/133	51:10			
58	Ian Gillies	M	M65-69	2/6
45/110	51:21			
59	Kathleen Caithness	F	F45-49	3/17
14/133	51:34			
60	Robyn Dicesare	F	F50-54	1/17
15/133	51:52			
61	Jim Wernham	M	M50-54	6/13
46/110	51:56			
62	Ronald Gervacio	M	M25-29	5/7
47/110	51:57			
63	Sherry Seymour	F	F35-39	3/20
16/133	52:10			
64	Larah Bruce	F	F20-24	2/6
17/133	52:13			
65	Henry Marie	M	M65-69	3/6
48/110	52:16			
66	Nicole Harris	F	F45-49	4/17
18/133	52:19			
67	Sydney Gilchrist	F	F25-29	3/13
19/133	52:21			
68	Edward Zwingerman	M	M60-64	4/7

49/110	52:30			
69	Lisa Marquardson	F	F35-39	4/20
20/133	52:33			
70	Jennifer Gilbert	F	F40-44	4/14
21/133	52:37			
71	Heather Dayholos	F	F25-29	4/13
22/133	52:40			
72	David Ringham	M	M01-14	8/18
50/110	52:43			
73	Karen Lucas	F	F45-49	5/17
23/133	52:57			
74	Rukmali Mendis	F	F35-39	5/20
24/133	52:59			
75	Taran Harvey	M	M25-29	6/7
51/110	53:16			
76	Dan Lewis	M	M30-34	2/6
52/110	53:19			
77	Jean Giroux	M	M25-29	7/7
53/110	53:23			
78	Mandy Shewchuk	F	F20-24	3/6
25/133	53:27			
79	Aldo Furlan	M	M50-54	7/13
54/110	53:40			
80	Catherine McKay	F	F50-54	2/17
26/133	53:40			
81	Greg Joss	M	M55-59	10/17
55/110	53:53			
82	Ian McKeown	M	M65-69	4/6
56/110	54:05			
83	Shelley Burns	F	F25-29	5/13
27/133	54:07			
84	Johnny Wayburn	M	M45-49	6/12
57/110	54:08			
85	Tyler Seitz	M	M01-14	9/18
58/110	54:15			
86	Gloria Kirouac	F	F60-64	1/6
28/133	54:17			
87	Nancy Gilchrist	F	F55-59	1/9
29/133	54:17			
88	Joel Remis	M	M60-64	5/7
59/110	54:18			
89	Reed Davies	M	M01-14	10/18
60/110	54:19			
90	Gavin Saunders	M	M01-14	11/18
61/110	54:33			
91	Erin White	F	F40-44	5/14
30/133	54:43			
92	Tima Faria	F	F45-49	6/17
31/133	54:54			
93	Chris Lee	M	M40-44	4/6

62/110	54:55			
94	Jennifer Tackley	F	F50-54	3/17
32/133	54:57			
95	Keisha Ford	F	F01-14	1/5
33/133	55:05			
96	Leif Dubreuil	M	M01-14	12/18
63/110	55:05			
97	David Glover	M	M50-54	8/13
64/110	55:08			
98	Marnie Tardiff	F	F35-39	6/20
34/133	55:22			
99	Jeanine Meyer	F	F50-54	4/17
35/133	55:22			
100	Meredith McCallum	F	F30-34	4/22
36/133	55:32			
101	Jason Perez	M	M35-39	5/9
65/110	55:34			
102	Simon Luong	M	M30-34	3/6
66/110	55:36			
103	Marnie Malandrakis	F	F30-34	5/22
37/133	55:42			
104	Andrew Tataryn	M	M50-54	9/13
67/110	55:46			
105	Laura Wisener	F	F45-49	7/17
38/133	55:48			
106	Wally Falk	M	M55-59	11/17
68/110	55:48			
107	Marissa Kellett	F	F30-34	6/22
39/133	55:49			
108	Cheryl Zealand	F	F40-44	6/14
40/133	55:52			
109	Jeff Kozak	M	M35-39	6/9
69/110	55:59			
110	Kristen Verplaetse	F	F35-39	7/20
41/133	56:00			
111	Reyna Domingo	F	F30-34	7/22
42/133	56:05			
112	Erick Nduwimana	M	M30-34	4/6
70/110	56:09			
113	Samantha Duguid	F	F25-29	6/13
43/133	56:12			
114	Randal Bodner	M	M55-59	12/17
71/110	56:22			
115	Miranda Finch	F	F20-24	4/6
44/133	56:34			
116	Nancy Doern-White	F	F55-59	2/9
45/133	56:36			
117	Louis Finch	M	M50-54	10/13
72/110	56:38			
118	Jerri-Lee MacKay	F	F50-54	5/17

46/133	56:58			
119	Carrie Schulz	F	F01-14	2/5
47/133	57:06			
120	My Lien Lam	F	F35-39	8/20
48/133	57:12			
121	Nicola Simpson	F	F55-59	3/9
49/133	57:22			
122	Kieran Sylvestre	M	M01-14	13/18
73/110	57:34			
123	Andrew Rotoff	M	M45-49	7/12
74/110	57:35			
124	Bohdan Rotoff	M	M01-14	14/18
75/110	57:42			
125	Natalie Newman	F	F50-54	6/17
50/133	57:43			
126	Alyssa Grant	F	F20-24	5/6
51/133	57:48			
127	Jeff Vince	M	M65-69	5/6
76/110	57:58			
128	Melissa Asplin	F	F35-39	9/20
52/133	58:00			
129	Jaimelee Woo	F	F35-39	10/20
53/133	58:21			
130	Linda Drewe	F	F45-49	8/17
54/133	58:21			
131	Dale Crawford	M	M60-64	6/7
77/110	58:28			
132	Kim Crawford	F	F60-64	2/6
55/133	58:29			
133	Ed Toews	M	M55-59	13/17
78/110	58:53			
134	Karen Sylvester	F	F45-49	9/17
56/133	59:13			
135	Theresa Morier	F	F30-34	8/22
57/133	59:35			
136	Carolyn Blackner	F	F50-54	7/17
58/133	59:38			
137	Candace Trussler	F	F55-59	4/9
59/133	59:38			
138	Sue-Anne Hamilton	F	F40-44	7/14
60/133	59:44			
139	Doreen Perez	F	F35-39	11/20
61/133	59:48			
140	Jennifer Toews	F	F30-34	9/22
62/133	59:52			
141	Aseca Wanigaseicara	M	M50-54	11/13
79/110	1:00:18			
142	Margaret Murray	F	F55-59	5/9
63/133	1:00:21			
143	Diane L'Heureux	F	F45-49	10/17

64/133	1:00:28			
144	Natalie Polichronakis	F	F30-34	10/22
65/133	1:00:28			
145	Alie Harder	M	M35-39	7/9
80/110	1:00:29			
146	Melodie Michalchuk	F	F30-34	11/22
66/133	1:00:31			
147	Mandie Nechwediuk	F	F30-34	12/22
67/133	1:00:35			
148	Brady Hack	M	M01-14	15/18
81/110	1:00:36			
149	Bob Wesner	M	M65-69	6/6
82/110	1:00:40			
150	Joan Griffith-Parker	F	F60-64	3/6
68/133	1:00:57			
151	Ariel Mogan	M	M35-39	8/9
83/110	1:01:06			
152	Natalie Fitkowsky	F	F25-29	7/13
69/133	1:01:11			
153	Mike Malyk	M	M55-59	14/17
84/110	1:01:25			
154	Kristin Templeton	F	F30-34	13/22
70/133	1:01:26			
155	Angelique Beaudette	F	F35-39	12/20
71/133	1:01:38			
156	Ralph Wagner	M	M55-59	15/17
85/110	1:01:39			
157	Maclane Cardinal	M	M20-24	2/3
86/110	1:01:39			
158	Marlene Wagner	F	F50-54	8/17
72/133	1:01:39			
159	Anita Delaquis	F	F30-34	14/22
73/133	1:01:40			
160	Lisa Pischke	F	F40-44	8/14
74/133	1:01:43			
161	Jennifer Tighe	F	F40-44	9/14
75/133	1:01:50			
162	Paul Surgeoner	M	M45-49	8/12
87/110	1:01:51			
163	Tonya Allard	F	F40-44	10/14
76/133	1:01:54			
164	Cailin Rehill	F	F30-34	15/22
77/133	1:01:55			
165	Liliana Ardiles	F	F45-49	11/17
78/133	1:02:12			
166	Naomi Handel	F	F40-44	11/14
79/133	1:02:14			
167	Stephen Andrusco	M	M45-49	9/12
88/110	1:02:20			
168	Ken Fedorchuk	M	M50-54	12/13

89/110	1:02:21			
169	Melanie Dheilly	F	F35-39	13/20
80/133	1:02:21			
170	Jeff Rodgers	M	M45-49	10/12
90/110	1:02:27			
171	Parker Smith	M	M01-14	16/18
91/110	1:02:29			
172	Marsha Brown	F	F70-74	1/1
81/133	1:02:45			
173	Gwen Bonneville	F	F60-64	4/6
82/133	1:02:47			
174	Noel Mougeon	F	F35-39	14/20
83/133	1:02:49			
175	Cam Stacey	M	M55-59	16/17
92/110	1:02:51			
176	Sarah Stacey	F	F15-19	1/1
84/133	1:02:51			
177	Marieke Wijtkamp	F	F45-49	12/17
85/133	1:03:00			
178	Ka-Yee Ling	F	F60-64	5/6
86/133	1:03:11			
179	Kara Fowke	F	F30-34	16/22
87/133	1:03:28			
180	Sonja Bridges	F	F35-39	15/20
88/133	1:03:39			
181	Garrett Young	M	M20-24	3/3
93/110	1:03:41			
182	Cara Wojcikowski	F	F35-39	16/20
89/133	1:03:44			
183	Roman Romaniw	M	M45-49	11/12
94/110	1:03:47			
184	Brittany Nicolas	F	F25-29	8/13
90/133	1:04:12			
185	Brenda Still	F	F50-54	9/17
91/133	1:04:16			
186	Kim Smith	F	F55-59	6/9
92/133	1:04:17			
187	Kathryn Brooks	F	F30-34	17/22
93/133	1:04:46			
188	Alison Bourrier	F	F35-39	17/20
94/133	1:04:50			
189	Leaslie McPhail	F	F50-54	10/17
95/133	1:04:54			
190	Parry Cadman	M	M35-39	9/9
95/110	1:05:02			
191	Jim Nixon	M	M60-64	7/7
96/110	1:05:12			
192	Kim Chase	F	F55-59	7/9
96/133	1:05:12			
193	Shannon Palahitski	F	F30-34	18/22

97/133	1:05:23			
194	Gunner Smith	M	M01-14	17/18
97/110	1:06:07			
195	Charlene Eckert	F	F45-49	13/17
98/133	1:06:09			
196	Garner Hack	M	M40-44	5/6
98/110	1:06:17			
197	John Guy	M	M70-74	1/2
99/110	1:06:30			
198	Audrey Candelaria	F	F25-29	9/13
99/133	1:06:46			
199	Jim Anderson	M	M75-79	1/3
100/110	1:07:08			
200	Ella Bellingham	F	F01-14	3/5
100/133	1:07:37			
201	Brenda Kaminski	F	F50-54	11/17
101/133	1:07:57			
202	Colleen Brown	F	F50-54	12/17
102/133	1:07:57			
203	Cruz Correia	M	M01-14	18/18
101/110	1:08:06			
204	Kade Prudhomme	F	F01-14	4/5
103/133	1:08:08			
205	Stephanie Collins	F	F35-39	18/20
104/133	1:08:41			
206	David Nishikawa	M	M50-54	13/13
102/110	1:08:58			
207	Lindsay Kirkland-Bizruchak	F	F50-54	13/17
105/133	1:09:01			
208	Silvana Pallone	F	F55-59	8/9
106/133	1:09:02			
209	Dodi Groff	F	F40-44	12/14
107/133	1:09:12			
210	Phyllis Reid Jarvis	F	F50-54	14/17
108/133	1:09:12			
211	Olsen Jarvis	M	M45-49	12/12
103/110	1:09:13			
212	Justin Vuignier	M	M30-34	5/6
104/110	1:09:43			
213	Melissa Danish	F	F30-34	19/22
109/133	1:09:52			
214	Colleen Koop	F	F50-54	15/17
110/133	1:10:23			
215	Gary Davis	M	M70-74	2/2
105/110	1:10:37			
216	David Bourrier	M	M40-44	6/6
106/110	1:10:41			
217	Nicole Harvey	F	F25-29	10/13
111/133	1:10:46			
218	Kim Rempel	F	F30-34	20/22

112/133	1:10:48			
219	Kevin Cox	M	M30-34	6/6
107/110	1:11:08			
220	Melissa Skibinski	F	F30-34	21/22
113/133	1:11:08			
221	Jessica Banman	F	F01-14	5/5
114/133	1:11:42			
222	Ray Harris	M	M75-79	2/3
108/110	1:11:54			
223	Chloe Rew	F	F25-29	11/13
115/133	1:12:26			
224	Ramona Donaldson	F	F25-29	12/13
116/133	1:12:29			
225	Trina Gallop	F	F40-44	13/14
117/133	1:12:29			
226	Karlie Blahut	F	F20-24	6/6
118/133	1:12:35			
227	Al Myska	M	M75-79	3/3
109/110	1:12:37			
228	Shawna Musto	F	F50-54	16/17
119/133	1:13:11			
229	Veviene Gautron	F	F35-39	19/20
120/133	1:14:44			
230	Patricia Evans	F	F40-44	14/14
121/133	1:15:31			
231	Tara Elias	F	F30-34	22/22
122/133	1:15:47			
232	Zoe Surgeoner	F	F45-49	14/17
123/133	1:16:10			
233	Isabelle Marion	F	F45-49	15/17
124/133	1:16:11			
234	Josee Remillard	F	F25-29	13/13
125/133	1:16:40			
235	Agnes Remillard	F	F45-49	16/17
126/133	1:16:41			
236	Kimberley Wawryk	F	F45-49	17/17
127/133	1:16:50			
237	Cheryl Dann	F	F65-69	1/1
128/133	1:17:56			
238	Bill Boris	M	M55-59	17/17
110/110	1:20:11			
239	Esther Hershfield	F	F55-59	9/9
129/133	1:20:20			
240	Dreena Duhame	F	F80+	1/1
130/133	1:21:49			
241	Christine Wheeler	F	F35-39	20/20
131/133	1:23:42			
242	Clemus Laurila	F	F60-64	6/6
132/133	1:23:51			
243	Patricia Mondt	F	F50-54	17/17

