

Physio Fit Run 10K

May 7, 2022

Assiniboine Park

AGE-GROUP RESULTS

\*\*\*\*\* MALE OVERALL RESULTS FOR Physio Fit 10K Run \*\*\*\*\*

1 Daniel Heschuk	30:57
2 Elliott Cooke	37:12
3 Jason Bruce	38:11

\*\*\*\*\* FEMALE OVERALL RESULTS FOR Physio Fit 10K Run \*\*\*\*\*

1 Gina Tranquada	40:34
2 Renata Doerksen	43:26
3 Aynsley Clayton	46:12

MALE AGE GROUP: 14 & Under

1 Joshua Friesen	1:00:46
2 Jeffrey Jiang	1:09:46
3 Kayden Buettner	1:39:43

4 Bill Jiang 1:39:44

5 Ashton Reimer 1:39:48

MALE AGE GROUP: 15 to 19

1 Easton Dick 49:31

2 Josiah Friesen 50:27

3 Orion Remoquillo 54:13

MALE AGE GROUP: 20 to 24

1 Jonas Pazer 38:30

2 André Braun 52:26

3 James Wagner 56:12

4 Marion Morales 1:08:33

5 Dricx Catap 1:08:39

MALE AGE GROUP: 25 to 29

1 Daniel Heschuk 30:57

2 Bryan Kramer 43:38

3 Christopher Gadaleta 52:24

4 Taha Hijazi 55:14

5 Nick Kondrat 55:14

6 Kelvin Koots 1:00:09

7 Marco Olfert	1:00:59
8 Matt Froese	1:05:35

MALE AGE GROUP: 30 to 34

1 Elliott Cooke	37:12
2 Garrett Klus	38:52
3 Kevin Baylis	39:25
4 David Foley	44:44
5 Andrew Ferguson	47:16
6 Justin Bourassa	48:18
7 Noah Cain	50:49
8 Steven Hurkett	51:50
9 Derek Wachniak	1:00:42
10 Adam Wiebe	1:01:32

MALE AGE GROUP: 35 to 39

1 Alain Goguen	39:48
2 Kevin Beauchamp	43:25
3 Francisco Aguirre-Pineda	45:06
4 Bo Salamatin	56:14
5 Sumit Sharda	57:07
6 Brian Stover	58:17
7 Dennis Patkau	1:14:54

MALE AGE GROUP: 40 to 44

1	Jason Bruce	38:11
2	Phillip Pawluk	47:11
3	Scott Schoonbaert	47:53
4	Todd Friesen	49:11
5	Charles Tetrault	50:13
6	Bradley McGillawee	52:10
7	Ryan Dueck	53:52
8	Adam Moir	54:49
9	Michael Hamm	1:00:04
10	Jason Perez	1:00:13

MALE AGE GROUP: 45 to 49

1	Steve Krahn	47:46
2	Sergey Volkov	49:37
3	James Kosteck	50:38
4	Rick Shone	51:50
5	Tomasz Pich	54:54
6	Jarrett Sass	55:04
7	Scott Dick	57:44
8	Clint Sundseth	1:13:19

MALE AGE GROUP: 50 to 54

1 Tom Connon	43:17
2 Dan Stefanson	43:27
3 Don Bevington	44:36
4 Chris Dick	48:06
5 Bill Gamache	49:27
6 Hans-Joachi Wieden	55:44
7 William Sloan	57:32
8 Andrew Swan	57:39
9 David Wood	59:30

MALE AGE GROUP: 55 to 59

1 Stephen Terichow Parrott	48:58
2 Philip Roadley	49:36
3 Andrew Schewe	49:38
4 Grant Bridgeman	50:19
5 Kirk Cook	51:16
6 Shawn Bjornsson	55:33
7 Edward Willmott	56:07
8 Reg Brown	1:00:06

MALE AGE GROUP: 60 to 64

1 Gregory Athayde	42:54
2 Bob Cox	48:17
3 Gordon Flett	50:42
4 Paul Brault	51:53
5 Barry Lamm	51:54
6 Mike Cook	57:32
7 Ralph Wagner	1:00:12
8 Mark Riley	1:02:59

MALE AGE GROUP: 65 to 69

1 Ken Friesen	45:31
2 Edward Zwingerman	57:56
3 Joel Remis	58:59
4 Mike Malyk	1:14:50

MALE AGE GROUP: 70 to 74

1 Dennis Lang	41:39
2 Ian McKeown	1:00:36
3 Jeff Vince	1:12:20

MALE AGE GROUP: 75 to 79

1 Colin Reed	1:11:07
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FEMALE AGE GROUP: 20 to 24

1	Shayna Giesbrecht	46:38
2	Karlee Burgess	52:19
3	Camille Daly	54:42
4	Hillary Rempel	55:13
5	Hayley Ward	56:12
6	Karyse Ramotar	1:05:34

FEMALE AGE GROUP: 25 to 29

1	Chelsea Van Deynze	57:38
2	Genevieve Mitchell	59:19
3	Monica Arnuco	1:08:39

FEMALE AGE GROUP: 30 to 34

1	Renata Doerksen	43:26
2	Noelle Enns	52:54
3	Melissa Garry	54:06
4	Jacqueline Gagnon	56:09
5	Janique Freynet-GagnÈ	59:50
6	Larissa Barr	1:05:49

7 Alyssa Funk 1:05:49

8 Brittany Ly Cull 1:22:22

FEMALE AGE GROUP: 35 to 39

1 Gina Tranquada 40:34

2 Aynsley Clayton 46:12

3 Fallon Campbell 52:04

4 Arli Cruikshank 55:46

5 Katie Zwingerman 57:40

6 Stacy Ponask 1:01:26

7 Lindsay Noel 1:03:22

8 Jennifer Toews 1:06:20

9 Lisa Cansino 1:12:40

10 Lindsay Porter 1:26:09

11 Kerri Agar 1:26:09

FEMALE AGE GROUP: 40 to 44

1 Jocelyn Thorpe 50:56

2 Kathleen Elgar 53:10

3 Lyndsey Carroll 53:34

4 Elysia Shone 55:12

5 Doreen Perez 57:45

6 Kelly Smith 1:02:26



7 Leah Mitchell	1:02:55
8 Kyla Lenio-Slack	1:03:32
9 Kristy Riley	1:07:04
10 Kristin Lowell	1:28:51
11 Tracy Stempnick	1:28:53

FEMALE AGE GROUP: 45 to 49

1 Ginette Lischenski	47:22
2 Heather Marks	52:39
3 Kris Wood	57:37
4 Cheryl Stewart	58:06
5 Lisa Witt	59:41
6 Joanne Lesko	1:01:21

FEMALE AGE GROUP: 50 to 54

1 Lorraine Manson	54:59
2 Catherine Moltzan	58:04
3 Judy Quistberg	58:31
4 Darcia Jones	1:01:21

FEMALE AGE GROUP: 60 to 64

1 Sally Taylor-Alexander	58:12
2 Debbie Felgate-Stone	1:21:53

FEMALE AGE GROUP: 65 to 69

1 Laura Dyck	1:08:30
2 Clemus Laurila	1:13:04