

Physio Fit Run 10K

May 7, 2022

Assiniboine Park

OVERALL RESULTS

DISTANCE CERTIFIED

PLACE IN	FINISH	CHIP			
PLACE	NAME		GENDER	AGE GROUP	AGE
GROUP	GENDER	TIME	TIME		
=====	=====	=====	=====	=====	
=====	=====	=====			
1	Daniel Heschuk		M	M25-29	1/8
1/89	30:57	30:57			
2	Elliott Cooke		M	M30-34	1/10
2/89	37:12	37:12			
3	Jason Bruce		M	M40-44	1/10
3/89	38:11	38:10			
4	Jonas Pazer		M	M20-24	1/5
4/89	38:30	38:29			
5	Garett Klus		M	M30-34	2/10
5/89	38:52	38:51			
6	Kevin Baylis		M	M30-34	3/10
6/89	39:25	39:23			
7	Alain Goguen		M	M35-39	1/7
7/89	39:48	39:47			
8	Gina Tranquada		F	F35-39	1/11
1/53	40:34	40:33			

9 8/89	Dennis Lang 41:39 41:39	M	M70-74	1/3
10 9/89	Gregory Athayde 42:54 42:52	M	M60-64	1/8
11 10/89	Tom Connon 43:17 43:14	M	M50-54	1/9
12 11/89	Kevin Beauchamp 43:25 43:22	M	M35-39	2/7
13 2/53	Renata Doerksen 43:26 43:24	F	F30-34	1/8
14 12/89	Dan Stefanson 43:27 43:23	M	M50-54	2/9
15 13/89	Bryan Kramer 43:38 43:32	M	M25-29	2/8
16 14/89	Don Bevington 44:36 44:33	M	M50-54	3/9
17 15/89	David Foley 44:44 44:37	M	M30-34	4/10
18 16/89	Francisco Aguirre-Pineda 45:06 45:02	M	M35-39	3/7
19 17/89	Ken Friesen 45:31 45:28	M	M65-69	1/4
20 3/53	Aynsley Clayton 46:12 46:09	F	F35-39	2/11
21 4/53	Shayna Giesbrecht 46:38 46:37	F	F20-24	1/6
22 18/89	Phillip Pawluk 47:11 47:06	M	M40-44	2/10
23 19/89	Andrew Ferguson 47:16 47:13	M	M30-34	5/10
24 5/53	Ginette Lischenski 47:22 47:18	F	F45-49	1/6
25	Steve Krahn	M	M45-49	1/8

20/89	47:46	47:42			
26	Scott Schoonbaert		M	M40-44	3/10
21/89	47:53	47:49			
27	Chris Dick		M	M50-54	4/9
22/89	48:06	48:01			
28	Bob Cox		M	M60-64	2/8
23/89	48:17	48:15			
29	Justin Bourassa		M	M30-34	6/10
24/89	48:18	48:12			
30	Stephen Terichow Parrott		M	M55-59	1/8
25/89	48:58	48:55			
31	Todd Friesen		M	M40-44	4/10
26/89	49:11	49:05			
32	Bill Gamache		M	M50-54	5/9
27/89	49:27	49:22			
33	Easton Dick		M	M15-19	1/3
28/89	49:31	49:26			
34	Philip Roadley		M	M55-59	2/8
29/89	49:36	49:34			
35	Sergey Volkov		M	M45-49	2/8
30/89	49:37	49:34			
36	Andrew Schewe		M	M55-59	3/8
31/89	49:38	49:33			
37	Charles Tetrault		M	M40-44	5/10
32/89	50:13	47:03			
38	Grant Bridgeman		M	M55-59	4/8
33/89	50:19	50:15			
39	Josiah Friesen		M	M15-19	2/3
34/89	50:27	50:21			
40	James Kosteck		M	M45-49	3/8
35/89	50:38	50:34			
41	Gordon Flett		M	M60-64	3/8
36/89	50:42	50:39			

42 37/89	Noah Cain 50:49 50:41	M	M30-34	7/10
43 6/53	Jocelyn Thorpe 50:56 50:52	F	F40-44	1/11
44 38/89	Kirk Cook 51:16 51:07	M	M55-59	5/8
45 39/89	Steven Hurkett 51:50 51:38	M	M30-34	8/10
46 40/89	Rick Shone 51:50 51:50	M	M45-49	4/8
47 41/89	Paul Brault 51:53 51:50	M	M60-64	4/8
48 42/89	Barry Lamm 51:54 51:41	M	M60-64	5/8
49 7/53	Fallon Campbell 52:04 51:51	F	F35-39	3/11
50 43/89	Bradley McGillawee 52:10 52:05	M	M40-44	6/10
51 8/53	Karlee Burgess 52:19 52:16	F	F20-24	2/6
52 44/89	Christopher Gadaleta 52:24 52:22	M	M25-29	3/8
53 45/89	Andr� Braun 52:26 52:21	M	M20-24	2/5
54 9/53	Heather Marks 52:39 52:35	F	F45-49	2/6
55 10/53	Noelle Enns 52:54 52:48	F	F30-34	2/8
56 11/53	Kathleen Elgar 53:10 53:01	F	F40-44	2/11
57 12/53	Lyndsey Carroll 53:34 53:29	F	F40-44	3/11
58 46/89	Ryan Dueck 53:52 53:44	M	M40-44	7/10

59	Melissa Garry	F	F30-34	3/8
13/53	54:06 54:03			
60	Orion Remoquillo	M	M15-19	3/3
47/89	54:13 54:03			
61	Camille Daly	F	F20-24	3/6
14/53	54:42 54:34			
62	Adam Moir	M	M40-44	8/10
48/89	54:49 54:41			
63	Tomasz Pich	M	M45-49	5/8
49/89	54:54 54:45			
64	Lorraine Manson	F	F50-54	1/4
15/53	54:59 54:52			
65	Jarrett Sass	M	M45-49	6/8
50/89	55:04 54:58			
66	Elysia Shone	F	F40-44	4/11
16/53	55:12 55:10			
67	Hillary Rempel	F	F20-24	4/6
17/53	55:13 55:05			
68	Taha Hijazi	M	M25-29	4/8
51/89	55:14 55:07			
69	Nick Kondrat	M	M25-29	5/8
52/89	55:14 55:09			
70	Shawn Bjornsson	M	M55-59	6/8
53/89	55:33 55:28			
71	Hans-Joachi Wieden	M	M50-54	6/9
54/89	55:44 55:37			
72	Arli Cruikshank	F	F35-39	4/11
18/53	55:46 55:40			
73	Edward Willmott	M	M55-59	7/8
55/89	56:07 56:03			
74	Jacqueline Gagnon	F	F30-34	4/8
19/53	56:09 55:59			
75	Hayley Ward	F	F20-24	5/6

20/53	56:12	56:06			
76	James Wagner		M	M20-24	3/5
56/89	56:12	56:06			
77	Bo Salamatin		M	M35-39	4/7
57/89	56:14	56:03			
78	Sumit Sharda		M	M35-39	5/7
58/89	57:07	57:07			
79	Mike Cook		M	M60-64	6/8
59/89	57:32	57:18			
80	William Sloan		M	M50-54	7/9
60/89	57:32	57:19			
81	Kris Wood		F	F45-49	3/6
21/53	57:37	57:27			
82	Chelsea Van Deynze		F	F25-29	1/3
22/53	57:38	57:31			
83	Andrew Swan		M	M50-54	8/9
61/89	57:39	57:30			
84	Katie Zwingerman		F	F35-39	5/11
23/53	57:40	57:32			
85	Scott Dick		M	M45-49	7/8
62/89	57:44	57:36			
86	Doreen Perez		F	F40-44	5/11
24/53	57:45	57:32			
87	Edward Zwingerman		M	M65-69	2/4
63/89	57:56	57:48			
88	Catherine Moltzan		F	F50-54	2/4
25/53	58:04	57:57			
89	Cheryl Stewart		F	F45-49	4/6
26/53	58:06	57:59			
90	Sally Taylor-Alexander		F	F60-64	1/2
27/53	58:12	58:02			
91	Brian Stover		M	M35-39	6/7
64/89	58:17	58:09			

92 28/53	Judy Quistberg 58:31 58:23	F	F50-54	3/4
93 65/89	Joel Remis 58:59 58:46	M	M65-69	3/4
94 29/53	Genevieve Mitchell 59:19 59:13	F	F25-29	2/3
95 66/89	David Wood 59:30 59:20	M	M50-54	9/9
96 30/53	Lisa Witt 59:41 59:38	F	F45-49	5/6
97 31/53	Janique Freynet-GagnÉ 59:50 59:42	F	F30-34	5/8
98 67/89	Michael Hamm 1:00:04 59:51	M	M40-44	9/10
99 68/89	Reg Brown 1:00:06 59:59	M	M55-59	8/8
100 69/89	Kelvin Koots 1:00:09 1:00:00	M	M25-29	6/8
101 70/89	Ralph Wagner 1:00:12 1:00:05	M	M60-64	7/8
102 71/89	Jason Perez 1:00:13 1:00:00	M	M40-44	10/10
103 72/89	Ian McKeown 1:00:36 1:00:26	M	M70-74	2/3
104 73/89	Derek Wachniak 1:00:42 1:00:40	M	M30-34	9/10
105 74/89	Joshua Friesen 1:00:46 1:00:39	M	M01-14	1/5
106 75/89	Marco Olfert 1:00:59 1:00:53	M	M25-29	7/8
107 32/53	Darcia Jones 1:01:21 1:01:05	F	F50-54	4/4
108 33/53	Joanne Lesko 1:01:21 1:01:06	F	F45-49	6/6

109 34/53	Stacy Ponask 1:01:26 1:01:14	F	F35-39	6/11
110 76/89	Adam Wiebe 1:01:32 1:01:23	M	M30-34	10/10
111 35/53	Kelly Smith 1:02:26 1:02:16	F	F40-44	6/11
112 36/53	Leah Mitchell 1:02:55 1:02:42	F	F40-44	7/11
113 77/89	Mark Riley 1:02:59 1:02:57	M	M60-64	8/8
114 37/53	Lindsay Noel 1:03:22 1:03:09	F	F35-39	7/11
115 38/53	Kyla Lenio-Slack 1:03:32 1:03:23	F	F40-44	8/11
116 39/53	Karyse Ramotar 1:05:34 1:05:27	F	F20-24	6/6
117 78/89	Matt Froese 1:05:35 1:05:28	M	M25-29	8/8
118 40/53	Larissa Barr 1:05:49 1:05:41	F	F30-34	6/8
119 41/53	Alyssa Funk 1:05:49 1:05:40	F	F30-34	7/8
120 42/53	Jennifer Toews 1:06:20 1:06:12	F	F35-39	8/11
121 43/53	Kristy Riley 1:07:04 1:07:01	F	F40-44	9/11
122 44/53	Laura Dyck 1:08:30 1:08:17	F	F65-69	1/2
123 79/89	Marion Morales 1:08:33 1:08:23	M	M20-24	4/5
124 80/89	Dricx Catap 1:08:39 1:08:29	M	M20-24	5/5
125	Monica Arnuco	F	F25-29	3/3



45/53	1:08:39 1:08:29			
126 81/89	Jeffrey Jiang 1:09:46 1:09:46	M	M01-14	2/5
127 82/89	Colin Reed 1:11:07 1:10:56	M	M75-79	1/1
128 83/89	Jeff Vince 1:12:20 1:12:10	M	M70-74	3/3
129 46/53	Lisa Cansino 1:12:40 1:12:27	F	F35-39	9/11
130 47/53	Clemus Laurila 1:13:04 1:12:53	F	F65-69	2/2
131 84/89	Clint Sundseth 1:13:19 1:12:21	M	M45-49	8/8
132 85/89	Mike Malyk 1:14:50 1:14:38	M	M65-69	4/4
133 86/89	Dennis Patkau 1:14:54 1:14:50	M	M35-39	7/7
134 48/53	Debbie Felgate-Stone 1:21:53 1:21:42	F	F60-64	2/2
135 49/53	Brittany Ly Cull 1:22:22 1:22:11	F	F30-34	8/8
136 50/53	Lindsay Porter 1:26:09 1:25:55	F	F35-39	10/11
137 51/53	Kerri Agar 1:26:09 1:25:55	F	F35-39	11/11
138 52/53	Kristin Lowell 1:28:51 1:28:39	F	F40-44	10/11
139 53/53	Tracy Stempnick 1:28:53 1:28:35	F	F40-44	11/11
140 87/89	Kayden Buettner 1:39:43 1:39:43	M	M01-14	3/5
141 88/89	Bill Jiang 1:39:44 1:39:45	M	M01-14	4/5

142 Ashton Reimer  
89/89 1:39:48 1:39:49

M

M01-14

5/5