

OVERALL TOP 3
Physio Fit Run 10K
May 11,2024
Assiniboine Park

AGE-GROUP RESULTS FOR STATISTICAL PURPOSES ONLY

***** MALE OVERALL RESULTS FOR Physio Fit 10K Run *****

1	Sam Vincent	31:14
2	Daniel Heschuk	31:41
3	Jeremy Walker	35:12

***** FEMALE OVERALL RESULTS FOR Physio Fit 10K Run *****

1	Hailee Morisseau	42:49
2	Lindsey Green	44:16
3	Jenna Cross	44:39

MALE AGE GROUP: 14 & Under

1	Callum Harnett	46:47
2	Tayo Enns	48:34
3	Ashton Reimer	50:29
4	Hudson Driedger	52:48
5	Owen Davidson	52:52
6	Nico Falcetta	55:02
7	Koen Barg	55:07
8	Chase Dlot	1:01:10
9	Zachary Dlot	1:03:11
10	Greyson McDermid	1:06:52
11	Matthew Friesen	1:09:08

MALE AGE GROUP: 15 to 19

1	Josiah Friesen	39:12
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MALE AGE GROUP: 20 to 24

1	Alvin Branzuela	45:27
2	Zachary Rudolph	47:04
3	Max Fidel	47:26
4	Erik Goddard	50:07
5	Simon Pacardo	50:40
6	Jainik Shah	50:55
7	Nic Howey	59:30
8	Eli Reimer	59:41
9	Tyler Hattie	1:02:22
10	Ian Cosino	1:09:51
11	Ryan Gutierrez	1:20:58

MALE AGE GROUP: 25 to 29

1	Daniel Heschuk	31:41
2	Seth Friesen	40:07
3	Marvin Routley	44:02
4	Deric Kornelson	45:42
5	Jun Kim	46:00
6	Lucas Preciado	49:57
7	Adam Jones	50:17
8	Luke Giesbrecht	50:26
9	Riley Moskal	51:01
10	Codey Deblois	51:23
11	Alex Bouchard	56:10
12	Taha Hijazi	57:36
13	Jordan Hebel	58:14
14	Kyle Dela Cruz	59:36

15	Shawn Ramos	1:02:43
16	Marion Morales	1:04:30
17	Basem Khalil	1:05:30
MALE AGE GROUP: 30 to 34		
1	Sam Vincent	31:14
2	Eduard Boja Gallart	35:25
3	Josh Doerksen	38:49
4	Devin Drury	40:35
5	Tim Coombs	45:00
6	Paul Santos	54:41
7	Mackenzie Jackson	54:50
8	Bram Neufeld	56:47
9	Erik Gerardy	58:40
MALE AGE GROUP: 35 to 39		
1	Henry Abrams	39:16
2	Mark McLoughlin	40:57
3	Jordan Ferrone	42:01
4	Michael Horowitz	44:50
5	Andrew Ferguson	44:55
6	Bryce Desender	50:21
7	Neil Cameron	59:48
8	Gary Thomas	1:04:33
MALE AGE GROUP: 40 to 44		
1	Jeremy Walker	35:12
2	John Coffin	35:32
3	Charles Tetrault	41:13
4	Mike Vida	41:50
5	Melvin Yumang	44:17
6	Kelsey Huth	44:43
7	Ben Foo	44:44
8	Lawrence Campbell	45:24
9	Phillip Pawluk	46:30
10	Ryan Dueck	47:20
11	Cornelius O'Donnell	49:11
12	Kayden Buettner	50:30
13	Aaron Dlot	1:04:20
MALE AGE GROUP: 45 to 49		
1	Jared Desrosiers	41:53
2	Todd Friesen	43:22
3	Sandeep Ghosh	1:04:54
4	Sungki Kim	1:08:51
5	John Krestanowich	1:14:06
6	Tony Falcetta	1:15:22
MALE AGE GROUP: 50 to 54		
1	Bill Gamache	47:27
2	Shawn Crorey	48:35
3	Trevor Buchberger	1:04:17
4	Trevor Dueck	1:14:46
5	Chris Berkis	1:18:52
MALE AGE GROUP: 55 to 59		
1	Sam Zhou	42:16
2	Bo Huang	42:41
3	Dwayne Wheeler	44:23
4	Patrick McDonald	47:31

5	Chris Dick	48:01
6	Peter Hughes	49:56
7	Andrew Swan	54:19
8	Ven Block	55:27
MALE AGE GROUP: 60 to 64		
1	Sheldon Pohl	44:46
2	Stephen Terichow Parrott	47:17
3	Grant Bridgeman	52:52
4	Jim Wernham	56:00
5	Shawn Bjornsson	57:35
6	Andy Stewart	1:02:49
7	Khalid Ahmad	1:05:27
8	Reg Brown	1:05:45
MALE AGE GROUP: 65 to 69		
1	Ken Friesen	46:07
2	Bruce Young	49:42
3	Glen Easton	50:23
4	Paul Brault	53:37
5	Craig Melanson	54:59
6	Michael Bennett	58:17
7	Edward Zwingerman	59:44
8	Joel Remis	1:00:24
9	Mike Cook	1:01:53
10	Randal Bodner	1:09:42
MALE AGE GROUP: 70 to 74		
1	Robert Stewart	53:57
2	Dave Reede	59:31
MALE AGE GROUP: 75 to 79		
1	James Goho	1:00:08
2	Henry Marie	1:05:30
MALE AGE GROUP: 80 & Over		
1	Jim Anderson	1:22:46
FEMALE AGE GROUP: 14 & Under		
1	Zoey Zimmer	52:23
FEMALE AGE GROUP: 15 to 19		
1	Paige Martin	51:01
FEMALE AGE GROUP: 20 to 24		
1	Jenna Cross	44:39
2	Angela Buchel	47:55
3	Mikaela Boyle	49:05
4	Maya Blatt	51:02
5	Klara Whalen	52:00
6	Serena Gray	53:15
7	Caitlin Le	56:20
8	Diana Prince	56:56
9	Amore Paletta	58:55
10	Bre Smith	59:47
11	Katarina Uruski	1:01:41
12	Morgan Delaronde	1:01:41
13	Sarah Bilous	1:02:21
14	Cloey Skrypnyk	1:02:50
15	Emma Ager	1:05:21
16	Kiana Crorey	1:11:27

17 Brooklynn Fischer	1:12:57
FEMALE AGE GROUP: 25 to 29	
1 Hailee Morisseau	42:49
2 Krista Aiello	46:50
3 Maura Macaulay	49:07
4 Hayley Ward	49:14
5 Hillary Rempel	51:22
6 Laurissa Bridgeman	54:35
7 Whitney Stanhope	54:50
8 Haydn Burdeny	55:43
9 Sophie Mason	56:00
10 Chelsea Van Deynze	57:36
11 Hailey Lavarias	59:46
12 Alina Toidjanov	1:02:42
13 Tiana Vergata	1:03:25
14 Carina McLennan	1:03:26
15 Barbara Farpelha	1:03:27
16 Brittney Wade	1:05:53
17 Kirstin Maharajh	1:05:59
18 Bobbi Yuzark	1:07:54
19 Alexandra Broggy	1:10:58
FEMALE AGE GROUP: 30 to 34	
1 Margaret Stromecki	55:47
2 Nicole Webster	56:34
3 Lindsey Fairman	1:00:55
4 Kristina Banera	1:01:24
5 Karly Troschuk	1:04:23
6 Jill Reimer	1:15:39
7 Brittany Penner	1:21:25
8 Jayne Reimer	1:21:25
9 Dana Robinson	1:23:06
FEMALE AGE GROUP: 35 to 39	
1 Lindsey Green	44:16
2 Stephanie Tetreault	47:33
3 Janelle Panteluk	47:44
4 Louise Van Zwol	51:55
5 Katie Zwingerman	58:32
6 Michelle Skaftfeld	1:07:09
7 Lynnette Van Bruggen	1:09:01
8 Sarah Coneys	1:15:13
FEMALE AGE GROUP: 40 to 44	
1 Christina Barry	48:20
2 Kathleen Elgar	51:44
3 Stacey Bazak	53:28
4 Stephanie Townend	56:38
5 Jennifer Toews	58:58
6 Leah Dlot	1:03:12
7 Camila Jerger	1:06:51
8 Soonyoung Kim	1:08:51
9 Christy Rogowski	1:09:17
10 Meagan Dlot	1:10:44
11 Lisa Stansell	1:25:03
FEMALE AGE GROUP: 45 to 49	
1 Carolyn Coffin	47:34

2	Jessica Drakul	49:05
3	Kimberly Enns	53:41
4	Nicki Dias	1:01:52
5	Amy Rodgers	1:04:17
6	Vanessa Schurko	1:08:07
7	Lisa McConnell	1:20:30
FEMALE AGE GROUP: 50 to 54		
1	Laura Toews	49:05
2	Wendy Le Breton	49:30
3	Danielle Burtch	51:50
4	Heather Marks	54:40
5	Lorraine Manson	55:26
6	Kristine Wood	1:00:33
7	Rachel Anderson	1:02:14
8	Katrina Lee-Kwen	1:03:03
9	Ayn Wilcox	1:04:40
10	Diana Emerson	1:05:35
11	Wanda Penner	1:06:24
12	Stephanie Kowalchuk	1:07:34
13	Colleen Ingram	1:15:06
14	Donna Harvey	1:15:20
FEMALE AGE GROUP: 55 to 59		
1	Mingdi Zhao	46:35
2	Kathleen Caithness	50:35
3	Daniella McDonald	58:18
4	Catherine Moltzan	59:23
5	Sylvia Loewen	1:00:00
6	Laura Musikka	1:00:49
7	Daria Weiss	1:01:53
8	Monique Maynard	1:11:46
9	Bonnie Tulloch	1:15:07
10	Karen Wakegijig	1:31:01
FEMALE AGE GROUP: 60 to 64		
1	Louise Cameron	52:25
2	Chelsea Day	56:55
3	Sally Taylor-Alexander	58:08
4	Margaret Hughes	1:02:58
5	Kim Roffey	1:07:21
FEMALE AGE GROUP: 65 to 69		
1	Linda Dyck	55:07
2	Brenda Krueger	57:23
3	Jan Hawkins	1:04:44
4	Nelli Petkau	1:06:14
5	Clemus Laurila	1:13:46
FEMALE AGE GROUP: 70 to 74		
1	Beverley Eert	1:18:19
FEMALE AGE GROUP: 75 to 79		
1	Lynda Tunny	1:20:58