

Physio Fit Run 10K
 May 11, 2024
 Assiniboine Park
 OVERALL RESULTS
 DISTANCE CERTIFIED

IN	FINISH	CHIP			PLACE
PLACE	NAME		GENDER	AGE GROUP	AGE GROUP
GENDER	TIME	TIME			
=====	=====	=====	=====	=====	
=====	=====	=====			
1	Sam Vincent		M	M30-34	1/9
1/112	31:14	31:14			
2	Daniel Heschuk		M	M25-29	1/17
2/112	31:41	31:41			
3	Jeremy Walker		M	M40-44	1/13
3/112	35:12	35:12			
4	Eduard Boja Gallart		M	M30-34	2/9
4/112	35:25	35:25			
5	John Coffin		M	M40-44	2/13
5/112	35:32	35:31			
6	Josh Doerksen		M	M30-34	3/9
6/112	38:49	38:49			
7	Josiah Friesen		M	M15-19	1/1
7/112	39:12	39:11			
8	Henry Abrams		M	M35-39	1/8
8/112	39:16	39:16			
9	Seth Friesen		M	M25-29	2/17
9/112	40:07	40:07			
10	Devin Drury		M	M30-34	4/9
10/112	40:35	40:33			
11	Mark McLoughlin		M	M35-39	2/8
11/112	40:57	40:55			
12	Charles Tetrault		M	M40-44	3/13
12/112	41:13	41:07			
13	Mike Vida		M	M40-44	4/13
13/112	41:50	41:47			
14	Jared Desrosiers		M	M45-49	1/6
14/112	41:53	41:51			
15	Jordan Ferrone		M	M35-39	3/8
15/112	42:01	41:59			
16	Sam Zhou		M	M55-59	1/8
16/112	42:16	42:14			
17	Bo Huang		M	M55-59	2/8
17/112	42:41	42:39			
18	Hailee Morisseau		F	F25-29	1/19
1/109	42:49	42:47			
19	Todd Friesen		M	M45-49	2/6
18/112	43:22	43:20			
20	Marvin Routley		M	M25-29	3/17
19/112	44:02	43:53			
21	Lindsey Green		F	F35-39	1/8
2/109	44:16	44:10			

22	Melvin Yumang	M	M40-44	5/13
20/112	44:17 44:13			
23	Dwayne Wheeler	M	M55-59	3/8
21/112	44:23 44:18			
24	Jenna Cross	F	F20-24	1/17
3/109	44:39 44:35			
25	Kelsey Huth	M	M40-44	6/13
22/112	44:43 44:36			
26	Ben Foo	M	M40-44	7/13
23/112	44:44 44:40			
27	Sheldon Pohl	M	M60-64	1/8
24/112	44:46 44:44			
28	Michael Horowitz	M	M35-39	4/8
25/112	44:50 44:46			
29	Andrew Ferguson	M	M35-39	5/8
26/112	44:55 44:52			
30	Tim Coombs	M	M30-34	5/9
27/112	45:00 44:56			
31	Lawrence Campbell	M	M40-44	8/13
28/112	45:24 45:19			
32	Alvin Branzuela	M	M20-24	1/11
29/112	45:27 45:16			
33	Deric Kornelson	M	M25-29	4/17
30/112	45:42 45:20			
34	Jun Kim	M	M25-29	5/17
31/112	46:00 45:59			
35	Ken Friesen	M	M65-69	1/10
32/112	46:07 46:03			
36	Phillip Pawluk	M	M40-44	9/13
33/112	46:30 46:23			
37	Mingdi Zhao	F	F55-59	1/10
4/109	46:35 46:31			
38	Callum Harnett	M	M01-14	1/11
34/112	46:47 46:40			
39	Krista Aiello	F	F25-29	2/19
5/109	46:50 46:40			
40	Zachary Rudolph	M	M20-24	2/11
35/112	47:04 46:55			
41	Stephen Terichow Parrott	M	M60-64	2/8
36/112	47:17 47:15			
42	Ryan Dueck	M	M40-44	10/13
37/112	47:20 47:13			
43	Max Fidel	M	M20-24	3/11
38/112	47:26 47:27			
44	Bill Gamache	M	M50-54	1/5
39/112	47:27 47:21			
45	Patrick McDonald	M	M55-59	4/8
40/112	47:31 47:11			
46	Stephanie Tetreault	F	F35-39	2/8
6/109	47:33 47:27			
47	Carolyn Coffin	F	F45-49	1/7
7/109	47:34 47:28			
48	Janelle Panteluk	F	F35-39	3/8
8/109	47:44 47:33			

49	Angela Buchel	F	F20-24	2/17
9/109	47:55 47:46			
50	Chris Dick	M	M55-59	5/8
41/112	48:01 47:56			
51	Christina Barry	F	F40-44	1/11
10/109	48:20 48:19			
52	Tayo Enns	M	M01-14	2/11
42/112	48:34 48:26			
53	Shawn Crorey	M	M50-54	2/5
43/112	48:35 48:28			
54	Laura Toews	F	F50-54	1/14
11/109	49:05 49:02			
55	Mikaela Boyle	F	F20-24	3/17
12/109	49:05 49:03			
56	Jessica Drakul	F	F45-49	2/7
13/109	49:05 49:02			
57	Maura Macaulay	F	F25-29	3/19
14/109	49:07 48:57			
58	Cornelius O'Donnell	M	M40-44	11/13
44/112	49:11 48:58			
59	Hayley Ward	F	F25-29	4/19
15/109	49:14 48:57			
60	Wendy Le Breton	F	F50-54	2/14
16/109	49:30 49:20			
61	Bruce Young	M	M65-69	2/10
45/112	49:42 49:35			
62	Peter Hughes	M	M55-59	6/8
46/112	49:56 49:51			
63	Lucas Preciado	M	M25-29	6/17
47/112	49:57 49:57			
64	Erik Goddard	M	M20-24	4/11
48/112	50:07 50:05			
65	Adam Jones	M	M25-29	7/17
49/112	50:17 50:14			
66	Bryce Desender	M	M35-39	6/8
50/112	50:21 50:11			
67	Glen Easton	M	M65-69	3/10
51/112	50:23 50:17			
68	Luke Giesbrecht	M	M25-29	8/17
52/112	50:26 50:01			
69	Ashton Reimer	M	M01-14	3/11
53/112	50:29 50:20			
70	Kayden Buettner	M	M40-44	12/13
54/112	50:30 50:21			
71	Kathleen Caithness	F	F55-59	2/10
17/109	50:35 50:29			
72	Simon Pacardo	M	M20-24	5/11
55/112	50:40 50:38			
73	Jainik Shah	M	M20-24	6/11
56/112	50:55 50:55			
74	Riley Moskal	M	M25-29	9/17
57/112	51:01 50:57			
75	Paige Martin	F	F15-19	1/1
18/109	51:01 50:59			

76	Maya Blatt	F	F20-24	4/17
19/109	51:02 50:59			
77	Hillary Rempel	F	F25-29	5/19
20/109	51:22 51:07			
78	Codey Deblois	M	M25-29	10/17
58/112	51:23 51:07			
79	Kathleen Elgar	F	F40-44	2/11
21/109	51:44 51:32			
80	Danielle Burtch	F	F50-54	3/14
22/109	51:50 51:48			
81	Louise Van Zwol	F	F35-39	4/8
23/109	51:55 51:48			
82	Klara Whalen	F	F20-24	5/17
24/109	52:00 51:41			
83	Zoey Zimmer	F	F01-14	1/1
25/109	52:23 52:13			
84	Louise Cameron	F	F60-64	1/5
26/109	52:25 52:05			
85	Hudson Driedger	M	M01-14	4/11
59/112	52:48 52:24			
86	Owen Davidson	M	M01-14	5/11
60/112	52:52 52:28			
87	Grant Bridgeman	M	M60-64	3/8
61/112	52:52 52:44			
88	Serena Gray	F	F20-24	6/17
27/109	53:15 53:12			
89	Stacey Bazak	F	F40-44	3/11
28/109	53:28 53:24			
90	Paul Brault	M	M65-69	4/10
62/112	53:37 53:28			
91	Kimberly Enns	F	F45-49	3/7
29/109	53:41 53:32			
92	Robert Stewart	M	M70-74	1/2
63/112	53:57 53:48			
93	Andrew Swan	M	M55-59	7/8
64/112	54:19 54:05			
94	Laurissa Bridgeman	F	F25-29	6/19
30/109	54:35 54:27			
95	Heather Marks	F	F50-54	4/14
31/109	54:40 54:36			
96	Paul Santos	M	M30-34	6/9
65/112	54:41 54:29			
97	Whitney Stanhope	F	F25-29	7/19
32/109	54:50 54:37			
98	Mackenzie Jackson	M	M30-34	7/9
66/112	54:50 54:49			
99	Craig Melanson	M	M65-69	5/10
67/112	54:59 54:43			
100	Nico Falcetta	M	M01-14	6/11
68/112	55:02 54:46			
101	Koen Barg	M	M01-14	7/11
69/112	55:07 54:43			
102	Linda Dyck	F	F65-69	1/5
33/109	55:07 55:06			

103	Lorraine Manson	F	F50-54	5/14
34/109	55:26 55:05			
104	Ven Block	M	M55-59	8/8
70/112	55:27 55:17			
105	Haydn Burdeny	F	F25-29	8/19
35/109	55:43 55:25			
106	Margaret Stromecki	F	F30-34	1/9
36/109	55:47 55:35			
107	Sophie Mason	F	F25-29	9/19
37/109	56:00 55:40			
108	Jim Wernham	M	M60-64	4/8
71/112	56:00 55:48			
109	Alex Bouchard	M	M25-29	11/17
72/112	56:10 56:06			
110	Caitlin Le	F	F20-24	7/17
38/109	56:20 55:56			
111	Nicole Webster	F	F30-34	2/9
39/109	56:34 56:15			
112	Stephanie Townend	F	F40-44	4/11
40/109	56:38 56:26			
113	Bram Neufeld	M	M30-34	8/9
73/112	56:47 56:35			
114	Chelsea Day	F	F60-64	2/5
41/109	56:55 56:46			
115	Diana Prince	F	F20-24	8/17
42/109	56:56 56:47			
116	Brenda Krueger	F	F65-69	2/5
43/109	57:23 57:19			
117	Shawn Bjornsson	M	M60-64	5/8
74/112	57:35 57:26			
118	Chelsea Van Deynze	F	F25-29	10/19
44/109	57:36 56:51			
119	Taha Hijazi	M	M25-29	12/17
75/112	57:36 56:50			
120	Sally Taylor-Alexander	F	F60-64	3/5
45/109	58:08 57:51			
121	Jordan Hebel	M	M25-29	13/17
76/112	58:14 58:05			
122	Michael Bennett	M	M65-69	6/10
77/112	58:17 57:58			
123	Daniella McDonald	F	F55-59	3/10
46/109	58:18 57:59			
124	Katie Zwingerman	F	F35-39	5/8
47/109	58:32 58:15			
125	Erik Gerardy	M	M30-34	9/9
78/112	58:40 58:17			
126	Amore Paletta	F	F20-24	9/17
48/109	58:55 58:48			
127	Jennifer Toews	F	F40-44	5/11
49/109	58:58 58:45			
128	Catherine Moltzan	F	F55-59	4/10
50/109	59:23 59:17			
129	Nic Howey	M	M20-24	7/11
79/112	59:30 59:15			

130	Dave Reede	M	M70-74	2/2
80/112	59:31 59:23			
131	Kyle Dela Cruz	M	M25-29	14/17
81/112	59:36 59:27			
132	Eli Reimer	M	M20-24	8/11
82/112	59:41 59:33			
133	Edward Zwingerman	M	M65-69	7/10
83/112	59:44 59:28			
134	Hailey Lavarias	F	F25-29	11/19
51/109	59:46 59:29			
135	Bre Smith	F	F20-24	10/17
52/109	59:47 59:30			
136	Neil Cameron	M	M35-39	7/8
84/112	59:48 59:44			
137	Sylvia Loewen	F	F55-59	5/10
53/109	1:00:00 59:46			
138	James Goho	M	M75-79	1/2
85/112	1:00:08 59:52			
139	Joel Remis	M	M65-69	8/10
86/112	1:00:24 1:00:08			
140	Kristine Wood	F	F50-54	6/14
54/109	1:00:33 1:00:12			
141	Laura Musikka	F	F55-59	6/10
55/109	1:00:49 1:00:31			
142	Lindsey Fairman	F	F30-34	3/9
56/109	1:00:55 1:00:48			
143	Chase Dlot	M	M01-14	8/11
87/112	1:01:10 1:00:59			
144	Kristina Banera	F	F30-34	4/9
57/109	1:01:24 1:01:03			
145	Katarina Uruski	F	F20-24	11/17
58/109	1:01:41 1:01:32			
146	Morgan Delaronde	F	F20-24	12/17
59/109	1:01:41 1:01:32			
147	Nicki Dias	F	F45-49	4/7
60/109	1:01:52 1:01:34			
148	Mike Cook	M	M65-69	9/10
88/112	1:01:53 1:01:34			
149	Daria Weiss	F	F55-59	7/10
61/109	1:01:53 1:01:35			
150	Rachel Anderson	F	F50-54	7/14
62/109	1:02:14 1:02:09			
151	Sarah Bilous	F	F20-24	13/17
63/109	1:02:21 1:02:02			
152	Tyler Hattie	M	M20-24	9/11
89/112	1:02:22 1:02:03			
153	Alina Toidjanov	F	F25-29	12/19
64/109	1:02:42 1:02:36			
154	Shawn Ramos	M	M25-29	15/17
90/112	1:02:43 1:02:38			
155	Andy Stewart	M	M60-64	6/8
91/112	1:02:49 1:02:35			
156	Cloey Skrypnyk	F	F20-24	14/17
65/109	1:02:50 1:02:28			

157	Margaret Hughes	F	F60-64	4/5
66/109	1:02:58 1:02:55			
158	Katrina Lee-Kwen	F	F50-54	8/14
67/109	1:03:03 1:02:51			
159	Zachary Dlot	M	M01-14	9/11
92/112	1:03:11 1:02:59			
160	Leah Dlot	F	F40-44	6/11
68/109	1:03:12 1:02:53			
161	Tiana Vergata	F	F25-29	13/19
69/109	1:03:25 1:03:06			
162	Carina McLennan	F	F25-29	14/19
70/109	1:03:26 1:03:07			
163	Barbara Farpelha	F	F25-29	15/19
71/109	1:03:27 1:03:16			
164	Amy Rodgers	F	F45-49	5/7
72/109	1:04:17 1:04:12			
165	Trevor Buchberger	M	M50-54	3/5
93/112	1:04:17 1:04:13			
166	Aaron Dlot	M	M40-44	13/13
94/112	1:04:20 1:04:05			
167	Karly Troschuk	F	F30-34	5/9
73/109	1:04:23 1:04:02			
168	Marion Morales	M	M25-29	16/17
95/112	1:04:30 1:04:21			
169	Gary Thomas	M	M35-39	8/8
96/112	1:04:33 1:04:27			
170	Ayn Wilcox	F	F50-54	9/14
74/109	1:04:40 1:04:19			
171	Jan Hawkins	F	F65-69	3/5
75/109	1:04:44 1:04:30			
172	Sandeep Ghosh	M	M45-49	3/6
97/112	1:04:54 1:04:43			
173	Emma Ager	F	F20-24	15/17
76/109	1:05:21 1:05:07			
174	Khalid Ahmad	M	M60-64	7/8
98/112	1:05:27 1:05:13			
175	Basem Khalil	M	M25-29	17/17
99/112	1:05:30 1:05:24			
176	Henry Marie	M	M75-79	2/2
100/112	1:05:30 1:05:15			
177	Diana Emerson	F	F50-54	10/14
77/109	1:05:35 1:05:16			
178	Reg Brown	M	M60-64	8/8
101/112	1:05:45 1:05:30			
179	Brittney Wade	F	F25-29	16/19
78/109	1:05:53 1:05:43			
180	Kirstin Maharajh	F	F25-29	17/19
79/109	1:05:59 1:05:49			
181	Nelli Petkau	F	F65-69	4/5
80/109	1:06:14 1:05:57			
182	Wanda Penner	F	F50-54	11/14
81/109	1:06:24 1:06:14			
183	Camila Jerger	F	F40-44	7/11
82/109	1:06:51 1:06:29			

184	Greyson McDermid	M	M01-14	10/11
102/112	1:06:52 1:06:41			
185	Michelle Skaftfeld	F	F35-39	6/8
83/109	1:07:09 1:06:52			
186	Kim Roffey	F	F60-64	5/5
84/109	1:07:21 1:07:18			
187	Stephanie Kowalchuk	F	F50-54	12/14
85/109	1:07:34 1:07:32			
188	Bobbi Yuzark	F	F25-29	18/19
86/109	1:07:54 1:07:46			
189	Vanessa Schurko	F	F45-49	6/7
87/109	1:08:07 1:08:01			
190	Sungki Kim	M	M45-49	4/6
103/112	1:08:51 1:08:39			
191	Soonyoung Kim	F	F40-44	8/11
88/109	1:08:51 1:08:40			
192	Lynnette Van Bruggen	F	F35-39	7/8
89/109	1:09:01 1:08:54			
193	Matthew Friesen	M	M01-14	11/11
104/112	1:09:08 1:08:56			
194	Christy Rogowski	F	F40-44	9/11
90/109	1:09:17 1:09:01			
195	Randal Bodner	M	M65-69	10/10
105/112	1:09:42 1:09:25			
196	Ian Cosino	M	M20-24	10/11
106/112	1:09:51 1:09:51			
197	Meagan Dlot	F	F40-44	10/11
91/109	1:10:44 1:10:30			
198	Alexandra Broggy	F	F25-29	19/19
92/109	1:10:58 1:10:42			
199	Kiana Crorey	F	F20-24	16/17
93/109	1:11:27 1:11:11			
200	Monique Maynard	F	F55-59	8/10
94/109	1:11:46 1:11:44			
201	Brooklyn Fischer	F	F20-24	17/17
95/109	1:12:57 1:12:42			
202	Clemus Laurila	F	F65-69	5/5
96/109	1:13:46 1:13:37			
203	John Krestanowich	M	M45-49	5/6
107/112	1:14:06 1:13:44			
204	Trevor Dueck	M	M50-54	4/5
108/112	1:14:46 1:12:36			
205	Colleen Ingram	F	F50-54	13/14
97/109	1:15:06 1:14:48			
206	Bonnie Tulloch	F	F55-59	9/10
98/109	1:15:07 1:14:50			
207	Sarah Coneys	F	F35-39	8/8
99/109	1:15:13 1:15:07			
208	Donna Harvey	F	F50-54	14/14
100/109	1:15:20 1:15:03			
209	Tony Falcetta	M	M45-49	6/6
109/112	1:15:22 1:15:05			
210	Jill Reimer	F	F30-34	6/9
101/109	1:15:39 1:15:25			

211	Beverley Eert	F	F70-74	1/1
102/109	1:18:19 1:18:15			
212	Chris Berkis	M	M50-54	5/5
110/112	1:18:52 1:18:31			
213	Lisa McConnell	F	F45-49	7/7
103/109	1:20:30 1:20:15			
214	Lynda Tunny	F	F75-79	1/1
104/109	1:20:58 1:20:39			
215	Ryan Gutierrez	M	M20-24	11/11
111/112	1:20:58 1:20:58			
216	Brittany Penner	F	F30-34	7/9
105/109	1:21:25 1:21:13			
217	Jayne Reimer	F	F30-34	8/9
106/109	1:21:25 1:21:14			
218	Jim Anderson	M	M80+	1/1
112/112	1:22:46 1:22:25			
219	Dana Robinson	F	F30-34	9/9
107/109	1:23:06 1:23:06			
220	Lisa Stansell	F	F40-44	11/11
108/109	1:25:03 1:24:50			
221	Karen Wakegijig	F	F55-59	10/10
109/109	1:31:01 1:30:56			