



**ASSINIBOINE  
PARK**

# 5K ROUTE

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Kick off your Run at Nature's Playground Lot, a location surrounded by greenery, that is easily accessible and has plenty of parking.

The route ahead promises picturesque landscapes that will inspire every step. This route is a 5km Manitoba Runner's Association (MRA) certified route and includes short-term road closures within the park to ensure runners' safety.

## **Timing**

Walks and runs booking season starts after May long weekend and ends by October long weekend.

Please note that the use of space is up to 8hrs (including setup and teardown) starting at 6:00am. If you need to access the space earlier, please contact the APC Events team.

*\*Additional costs for more than 8hrs.*

## **Capacity**

Our pathways hold up to 1,000 participants and the capacity of the lot may differ depending on setup plans.

## **Route**

Manitoba Runner's Association (MRA) Certified 5km route. The route contains a main road closure for runners' safety.



● Recommended Race Volunteers/Marshals needed at each intersection crossing for traffic control/runner crossing.

\* Lawn signs and/or weighted frames are permitted if there's a plan in place for setup/teardown.

## Services Provided

- Nature's Playground Lot
- Use of roadway/pathways
- Road Closures: Closures are typically short in duration and limited to a couple of streets on the running route, so Park visitors can take alternative routes to reach their destination
- Barricades for road and parking lot closure
- 4 garbage & recycling bins

## Available Rentals for an additional cost

- Garbage bins & recycling bins
- Picnic tables
- 8 ft tables
- Chairs (minimum 10 – maximum 100)\*

\*May require confirmation from APC Events Team.

## Others:

Vendor Fee (Food Trucks, Food Sales & Vendor Tables)

- Includes one set of garbage & recycling bins per vendor.
- Vendor or Client must sign a Vendor Agreement prior to the event taking place. *The APC Events team will provide further information if needed.*

## Checklist:

- Roadway closure request
- Copy of Certificate of Insurance – Details provided in General Terms & Conditions
- Copy of Noise Permit if applicable
- Copy of Tent or Temporary Structure Permit(s) if applicable
- Site Plan – Two weeks before the event date
- High-level agenda of event – Two weeks before the event date
- Appropriate numbers of Race Volunteers/Marshals – Two weeks before the event date
- Map of route
- Full payment & signed contract by contract due date